

# **Swimming Club**

Welcome to Our Swimming Program for Little Learners!

## Why Swimming is Important

Swimming is a fun and essential life skill that enhances physical health and safety. Our program for children aged 3 to 6 introduces your child to water in a safe, supportive, and engaging environment. Through structured lessons, children will build confidence, develop basic swimming skills, and learn important water safety practices.

## **Program Highlights**

- Age-Appropriate Lessons: Designed specifically for ages 3 to 6, focusing on water comfort, basic strokes, and safety skills.
- Qualified Instructors: Certified swimming instructors experienced in teaching young children.
- Safe Environment: Pools with safety features and a low child-to-instructor ratio for individual attention.
- Fun Activities: Engaging games and activities that make learning to swim enjoyable.

## What Your Child Will Learn

- Water Comfort: Getting used to the water, floating, blowing bubbles, and gentle submersion.
- Basic Swim Skills: Introduction to front crawl and backstroke, learning to kick and use arm movements, and transitioning from floating aids to independent swimming.
- Water Safety: Understanding the importance of following pool rules, safe pool exits, and basic lifesaving skills such as calling for help and using flotation devices.

#### **Program Details**

- Location: School Campus
- Schedule: Every Tuesday
- Duration: I hour weekly
- Cost: \$150 per term

# What to Bring

- Swimwear and Towel
- Swim Cap
- Goggles
- Drawstring Bag

# **Registration Information**

To register your child, please fill out the attached form and return it to an administrator. Spaces are limited, so sign up early to secure your child's spot!

# **Contact Us**

If you have any questions, please contact us. We look forward to providing your child with a positive and enriching swimming experience!

# Join Us for a Splashing Good Time!

Dive in with us for a fun and educational experience! We can't wait to welcome your child to our swimming program and help them become confident and safe swimmers.

