



## BREAKFAST & LUNCH MENU

### WEEK 1

#### Breakfast

<b>Monday</b>	Grits & Eggs
<b>Tuesday</b>	Oats
<b>Wednesday</b>	Grits & Tuna
<b>Thursday</b>	Toast & Eggs
<b>Friday</b>	Cream of Wheat

#### Lunch

<b>Monday</b>	BBQ Chicken & Mash Potato
<b>Tuesday</b>	Spaghetti & Meat Sauce
<b>Wednesday</b>	Corn Beef & White Rice
<b>Thursday</b>	Meatballs & Pasta
<b>Friday</b>	Chicken,, burgers, or nuggets & Fries

### WEEK 2

#### Breakfast

<b>Monday</b>	Grits & Hot Dogs
<b>Tuesday</b>	French Toast
<b>Wednesday</b>	Grits & Scramble Eggs
<b>Thursday</b>	Grits & Corn Beef
<b>Friday</b>	Cold Cereal

#### Lunch

<b>Monday</b>	Steam Chicken & Rice
<b>Tuesday</b>	Hot Dog Sandwich & Fries
<b>Wednesday</b>	BBQ Chicken & Macaroni
<b>Thursday</b>	Tuna & Rice
<b>Friday</b>	Cheeseburgers, Nuggets & Fries

### WEEK 3

#### Breakfast

<b>Monday</b>	Pancakes
<b>Tuesday</b>	Cold Cereal
<b>Wednesday</b>	Grits & Hotdog
<b>Thursday</b>	Oats
<b>Friday</b>	Grits & Eggs

#### Lunch

<b>Monday</b>	Fish Fingers & Bake Potato
<b>Tuesday</b>	Homemade Spaghetti
<b>Wednesday</b>	Ham or Turkey Sandwiches / Veggies
<b>Thursday</b>	Bake Chicken and Kraft
<b>Friday</b>	Hot Dog/Wings & Fries

*Breakfast is served with Juice/water and fruit*



## BREAKFAST & LUNCH MENU

### WEEK 4

#### Breakfast

<b>Monday</b>	Cream of Wheat
<b>Tuesday</b>	French Toast
<b>Wednesday</b>	Corn Beef & Grits
<b>Thursday</b>	Cold Cereal
<b>Friday</b>	Scramble Eggs & Toast

#### Lunch

<b>Monday</b>	Curry Chicken & White Rice
<b>Tuesday</b>	Pasta & Wings
<b>Wednesday</b>	Yellow Rice & Tuna
<b>Thursday</b>	Cheeseburgers & Fries
<b>Friday</b>	Meatballs & Mashed Potato

### WEEK 5

#### Breakfast

<b>Monday</b>	Grits & Hot Dogs
<b>Tuesday</b>	French Toast
<b>Wednesday</b>	Grits & Scramble Eggs
<b>Thursday</b>	Grits & Corn Beef
<b>Friday</b>	Cold Cereal

#### Lunch

<b>Monday</b>	Steam Chicken & Rice
<b>Tuesday</b>	Hot Dog Sandwich & Fries
<b>Wednesday</b>	BBQ Chicken & Macaroni
<b>Thursday</b>	Tuna & Rice
<b>Friday</b>	Cheeseburgers, Nuggets & Fries

*Breakfast is served with Juice/water and fruit*